

# Oprah Winfrey Speaks Insight From The World S Most

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**African American Lives** - Henry Louis Gates 2004-04-29

Features portraits of some six hundred noteworthy African Americans representing a wide variety of fields of endeavor.

**An Infinity of Interpretations** - Ronald E. Kimmons 2010-03-03

In An Infinity of Interpretations, Dr. Kimmons explores a simple thesis: Life has no meaning except what we assign to it. Dr. Kimmons simple thesis helps us begin to understand why there is such a variety of interpretations of just about everything encountered in modern times, including ideas and behavioral phenomena from politics, science, social science, entertainment, and religion. Dr. Kimmons proposes that most of what we want to accomplish in this lifetime is driven not by a quest for money, power, sex, glory, religion, or objective knowledge. Rather, what we want to accomplish in this lifetime is driven by our desire to understand, justify, and perpetuate our life. While including bits and pieces of his own life story (along with social commentary about a variety of matters taking place in these times), in this book Dr. Kimmons addresses the origins of his thesis and uses Freud and White as part of a theoretical framework for his thesis. The core of Dr. Kimmons book, however, is his attempt to illustrate how individuals may actualize themselves through completely different processes but all with the same ultimate goal or end in mind: To understand, justify, and perpetuate ones

life. Is it true that there are few, if any, absolutes in this world? Dr. Kimmons seems to believe that, and through his examination of a simple thesis encourages us to proceed carefully in this life lest we offend life itself.

**Up Close: Oprah Winfrey** - Ilene Cooper 2008-01-10

Oprah Winfrey has been called the Queen of All Media for good reason?during her more than thirty-year career, she has left an indelible mark on radio, television, film, theater, magazines, and books. One of the most influential people today, Oprah is also a committed humanitarian.

**Global America?** - Natan Sznajder 2004-03-01

Many contemporary issues cannot be readily or fully understood at the level of the nation state and the concept of globalization is used to develop understanding through the analysis of global (transnational) processes. This volume explores the phenomenon of Americanization, and its worldwide impact, and the cultural consequences of globalization.

**Women Leaders in Chaotic Environments** - Şefika Şule Erçetin 2016-10-27

This book spotlights how women leaders behave in chaotic environments and features examples of women who have been key figures in determining complex socio-economic outcomes throughout history. Women leaders can be seen on many high- levels in the political arena,

be they a prime minister, empress or opinion leader. From Kösem Sultan of the Ottoman Empire to Benazir Bhutto, women leaders have had an undeniable effect on modern history. Is it possible to understand the current role of women in politics in Turkey without the First Lady Emine Erdoğan? Can we analyze Europe's future without Angela Merkel? There are many different books about women leaders' biography or memoirs of persons who worked closely with them. However, until now, no in-depth scientific analysis of such women leaders with respect to chaos and complexity theory has been available. This work represents a unique and important step towards filling this gap in research, and includes an epilogue presenting women's leadership model visualized by an eight-pointed star.

**Aesop and the CEO** - David Noonan 2006-06-18

It is easy to be overwhelmed by the sheer volume of business books flooding the market today. Even more daunting is the task of weeding through them to find the "golden nugget" of wisdom inside. In *Aesop and the CEO*, David Noonan has simplified the process by providing this well-researched primer of the most essential advice from the greatest business books ever written. Further, in a clever melding of modern business sense and ancient wisdom, he has used the animal-based stories of Aesop as springboards to launch these 50 lessons. Both entertaining and informative, *Aesop and the CEO* includes advice from well-known leaders such as Bill Gates, Sam Walton, Donald Trump, and Lee Iacocca. The short, easy-to-read vignettes cover every aspect of corporate life: negotiations, hiring and firing, mergers and acquisitions, marketing and sales, and day-to-day management.

**Oprah Winfrey and the Glamour of Misery** - Eva Illouz 2003-11-05

Oprah Winfrey is the protagonist of the story to be told here, but this book has broader intentions, begins Eva Illouz in this original examination of how and why this talk show host has become a pervasive symbol in American culture. Unlike studies of talk shows that decry debased cultural standards and impoverished political consciousness, *Oprah Winfrey and the Glamour of Misery* asks us to rethink our perceptions of culture in general and popular culture in particular. At a

time when crises of morality, beliefs, value systems, and personal worth dominate both public and private spheres, Oprah's emergence as a cultural form—the Oprah persona—becomes clearer, as she successfully reiterates some of our most pressing moral questions. Drawing on nearly one hundred show transcripts; a year and a half of watching the show regularly; and analysis of magazine articles, several biographies, *O Magazine*, Oprah Book Club novels, self-help manuals promoted on the show, and hundreds of discussions on the Oprah Winfrey Web site, Illouz takes the Oprah industry seriously, revealing it to be a multilayered "textual structure" that initiates, stages, and performs narratives of suffering and self-improvement that resonate with a wide audience and challenge traditional models of cultural analysis. This book looks closely at Oprah's method and her message, and in the process reconsiders popular culture and the tools we use to understand it.

**Books and Reading in the Lives of Notable Americans** - John Anthony McCrossan 2000

Books and reading have contributed to the success of generations of Americans, many of whom have had distinguished careers and have left their mark on history. While the accomplishments of these notable Americans are well known, their adventures with books and reading are less familiar. This book discusses the reading activities of 50 notable Americans from a wide range of historical periods and professions and from diverse racial and ethnic backgrounds. Many of these figures appear prominently in school and college texts or are part of popular culture. Included are alphabetically arranged entries for such readers as Benjamin Franklin, Helen Keller, Kareem Abdul-Jabbar, Mark Twain, Oprah Winfrey, and Ronald Reagan.

*It's One O'Clock and Here Is Mary Margaret McBride* - Susan Ware 2005-02-07

One of the most beloved radio show hosts of the 1940s and 1950s, Mary Margaret McBride (1899—1976) regularly attracted between six and eight million listeners to her daily one o'clock broadcast. During her twenty years on the air she interviewed tens of thousands of people, from President Harry Truman and Frank Lloyd Wright to Rachel Carson and

Zora Neale Hurston. This is her story. Five decades after their broadcast, her shows remain remarkably fresh and interesting. And yet McBride—the Oprah Winfrey of her day—has been practically forgotten, both in radio history and in the history of twentieth-century popular culture, primarily because she was a woman and because she was on daytime radio. Susan Ware explains how Mary Margaret McBride was one of the first to exploit the cultural and political importance of talk radio, pioneering the magazine-style format that many talk shows still use. This radio biography recreates the world of daytime radio from the 1930s through the 1950s, confirming the enormous significance of radio to everyday life, especially for women. In the first in-depth treatment of McBride, Ware starts with a description of how widely McBride was revered in the mid-1940s—the fifteenth anniversary party for her show in 1949 filled Yankee Stadium. Once the readers have gotten to know Mary Margaret (as everyone called her), Ware backtracks to tell the story of McBride's upbringing, her early career, and how she got her start in radio. The latter part of the book picks up McBride's story after World War II and through her death in 1976. An epilogue discusses the contemporary talk show phenomenon with a look back to Mary Margaret McBride's early influence on the format.

**The Oprah Affect** - Cecilia Konchar Farr 2008-10-16

Essays explore the broad cultural impact of Oprah's Book Club.

**I am Oprah Winfrey** - Brad Meltzer 2021-10-19

Deeply influential cultural icon Oprah Winfrey is the twenty-fifth hero in this New York Times bestselling picture book biography series. (Cover may vary) This friendly, fun biography series focuses on the traits that made our heroes great—the traits that kids can aspire to in order to live heroically themselves. Each book tells the story of an icon in a lively, conversational way that works well for the youngest nonfiction readers and that always includes the hero's childhood influences. At the back are an excellent timeline and photos. This book features critically acclaimed talk show host Oprah Winfrey, who used her struggles in childhood as motivation to become "Queen of All Media." This friendly, fun biography series inspired the PBS Kids TV show *Xavier Riddle and the Secret*

*Museum*. One great role model at a time, these books encourage kids to dream big. Included in each book are: • A timeline of key events in the hero's history • Photos that bring the story more fully to life • Comic-book-style illustrations that are irresistibly adorable • Childhood moments that influenced the hero • Facts that make great conversation-starters • A virtue this person embodies: Oprah Winfrey's authenticity shines in this. You'll want to collect each book in this dynamic, informative series!

**The New Prophets of Capital** - Nicole Aschoff 2015-03-31

A deft and caustic takedown of the new prophets of profit, from Bill Gates to Oprah As severe environmental degradation, breathtaking inequality, and increasing alienation push capitalism against its own contradictions, mythmaking has become as central to sustaining our economy as profitmaking. Enter the new prophets of capital: Sheryl Sandberg touting the capitalist work ethic as the antidote to gender inequality; John Mackey promising that free markets will heal the planet; Oprah Winfrey urging us to find solutions to poverty and alienation within ourselves; and Bill and Melinda Gates offering the generosity of the 1 percent as the answer to a persistent, systemic inequality. The new prophets of capital buttress an exploitative system, even as the cracks grow more visible.

Oprah Winfrey - Ilene Cooper 2008

Presents the life of the African American talk-show host, describing her rise from poverty to her current status as one of the country's most financially successful television personalities.

Oprah Winfrey - Gary Jeffrey 2006-08-15

A charismatic role model, Winfrey has championed various social causes, from civil right to literacy. In line with her interest in education, through her Book Club Winfrey has popularized important but under-appreciated books and promoted many great authors.

*Black Nonfiction Books, Their Authors, and Their Publishers* - Harry B. Dunbar 2001-11-06

*African American History Day by Day* - Karen Juanita Carrillo 2012

The proof of any group's importance to history is in the detail, a fact made plain by this informative book's day-by-day documentation of the impact of African Americans on life in the United States. One of the easiest ways to grasp any aspect of history is to look at it as a continuum. *African American History Day by Day: A Reference Guide to Events* provides just such an opportunity. Organized in the form of a calendar, this book allows readers to see the dates of famous births, deaths, and events that have affected the lives of African Americans and, by extension, of America as a whole. Each day features an entry with information about an important event that occurred on that date. Background on the highlighted event is provided, along with a link to at least one primary source document and references to books and websites that can provide more information. While there are other calendars of African American history, this one is set apart by its level of academic detail. It is not only a calendar, but also an easy-to-use reference and learning tool. More than 365 chronologically arranged entries featuring events and information about African Americans An introduction that overviews the importance of African American history in a day-by-day approach A preface that explains the scope, methodology, and rationale for coverage Primary source excerpts for some events and two vetted books and websites for all events

**Beating the Odds: A Teen Guide to 75 Superstars Who Overcame Adversity** - Mary Ellen Snodgrass 2008-08-30

Many famous people have overcome difficult circumstances and gone on to become successful in their fields. This book profiles the lives of 75 courageous and persistent people who have triumphed over adversity. These individuals have conquered a range of problems, including physical, psychological, social, and economic handicaps. Individuals profiled come from a range of professions and reflect battles against religious prejudice, medical conditions, eating disorders, poverty, and other social ills. Among the people profiled are Mitch Albom, Hillary Clinton, Magic Johnson, Stephen King, Greg Louganis, and Henry Winkler. The volume includes an historical timeline, a list of relevant films documenting the achievements of these superstars, and a general

bibliography. Some of the most successful people in our society have overcome great odds in order to achieve their dreams. Through courage and persistence, they have triumphed over a range of adversities and serve as models for students faced with similar circumstances. This book profiles the struggles and accomplishments of 75 such individuals from all walks of life. Each entry highlights the physical, psychological, social, or economic struggles of the person and discusses how the person won their battle against adversity. Among the individuals profiled are: Mitch Albom, Roseanne Barr, Sandra Cisneros, Hillary Clinton, Pat Conroy, Michael J. Fox, Magic Johnson, Stephen King, Greg Louganis, Jessica Lynch, Colin Powell, Salman Rushdie, Martin Sheen, Henry Winkler, and many more. The volume closes with an historical timeline, a list of films related to the achievements of these superstars, and a general bibliography. In addition to inspiring students to succeed against all odds, the book promotes respect for diversity and explores a host of social issues related to religious prejudice, eating disorders, medical conditions, poverty, and other concerns.

*Oprah Winfrey* - Anne Lies 2011

This volume examines the life and career of media magnate Oprah Winfrey.

Bill Gates Speaks - Janet Lowe 2001-01-19

"Our slogan from the very beginning was 'a computer on every desk and in every home.'" "For me to become gun-shy might require surgery." An icon more powerful than anything on a Windows screen, Bill Gates today stands atop his fabled Microsoft fortress staring down competitors' threats and injunctions from an annoyed U.S. Justice Department. The kind of success Gates has created rarely escapes criticism. And Bill is getting more than his share. The story of how this Harvard dropout created the operating system that would become the worldwide standard for millions of computers is legendary. And equally legendary has been the take-no-prisoners tactics of his corporate colossus, Microsoft. We've witnessed Gates's transformation from a geeky wunderkind into a business titan. Whether admired or detested, glorified or vilified, Gates is a household name and a worldwide curiosity. *Bill Gates Speaks* discloses

what Bill Gates has to say on everything from financing a start-up to running a conglomerate, developing technology to raising a family, and growing his business to expanding his personal wealth. Drawing on quotes culled from speeches, articles, essays, newscasts, and interviews, this unique book weaves all of this information into a compelling and easy-to-read biography. Here is just a sample of what you'll find inside: \* "My parents weren't all that excited about their son announcing he was dropping out of a fine university to start a business in something almost nobody had heard of called 'microcomputers.'" \* "I think business is very simple. Profit. Loss. Take the sales, subtract the costs, you get this big positive number. The math is quite straightforward." \* "I envy people who thrive on three or four hours of sleep a night. They have so much more time to work, learn, and play." \* "We never waste a lot of time talking about what we're doing well. It just isn't our culture. Every meeting is about 'Sure, we won in seven of the categories, but what about that eighth category?'" \* "The PC industry is the model industry in the entire economy. The rate of innovation, the openness—all of these things are just fantastic. And Microsoft's role in creating this has been absolutely fundamental." The world listens when Bill Gates speaks "I'm not competent to judge his technical ability, but I regard his business savvy as extraordinary. If Bill had started a hot dog stand, he would have become the hot dog king of the world." -Warren Buffett "It is still possible to be a Vanderbilt, an Astor, a Rockefeller. You can still do that, you can be Bill Gates." -David Geffen "Everybody is waiting for this guy to slip. He hasn't slipped, and there's very little chance that he will. Everything that he keeps his hands in will work, and he will win." -Alan Kerr, Ogilvy & Mather "Love him or hate him, but you can't ignore him." -Fortune

**Become Who You Were Born to Be** - Brian Souza 2007-04-10

Do you ever feel burned out, beat up, or just plain bored, wondering, "Is this all there is?" Do you ever feel trapped in a stressful job that leaves you unhappy and unsatisfied? Do you ever question if you're doing what you're supposed to be doing—if you're fulfilling your life's purpose? If so, you are not alone. Like millions of Americans, Brian Souza found himself in this precarious position a few years back. Despite attending dozens of

motivational seminars and devouring the best the self-help industry had to offer, Souza was left wanting more. The turning point came when he finally realized it wasn't artificial motivation he was after; he was really searching for a legitimate reason to be motivated. Thousands of hours of research and countless interviews later, Souza finally uncovered the secrets he was looking for all along: Just as musicians must make music, poets must write, and artists must paint, we all have a unique gift designed for a specific vocation that will bring both meaning and purpose to our lives. True joy and happiness will continue to elude us until we use that gift to become who we were born to be. *Become Who You Were Born to Be* is a blueprint for discovering your unique gift and using it to realize your personal and professional potential. Souza's program for achieving success in all areas of life reveals:

- Four steps to discovering your gift, uncovering your passion, and unlocking your purpose
- How to overcome fears and deal with change
- How to work passion into your profession
- Why a midlife crisis should be celebrated
- How to stop stressing and start living
- How to diagnose and fix flawed life patterns
- The untold secrets of top achievers

To illustrate his life-changing philosophy, Souza relates true stories of everyday people and world-famous celebrities—including Lance Armstrong, Amy Tan, Sylvester Stallone, Garth Brooks, and Oprah Winfrey—who became heroes by overcoming adversity and squeezing every ounce of opportunity from their gifts.

*Veg(etari)an Arguments in Culture, History, and Practice* - Cristina Hanganu-Bresch 2020-12-12

This collection explores the arguments related to veg(etari)anism as they play out in the public sphere and across media, historical eras, and geographical areas. As vegan and vegetarian practices have gradually become part of mainstream culture, stemming from multiple shifts in the socio-political, cultural, and economic landscape, discursive attempts to both legitimize and delegitimize them have amplified. With 12 original chapters, this collection analyses a diverse array of these legitimating strategies, addressing the practice of veg(etari)anism through analytical methods used in rhetorical criticism and adjacent fields. Part I focuses on

specific geo-cultural contexts, from early 20th century Italy, Serbia and Israel, to Islam and foundational Yoga Sutras. In Part II, the authors explore embodied experiences and legitimation strategies, in particular the political identities and ontological consequences coming from consumption of, or abstention from, meat. Part III looks at the motives, purposes and implication of veg(etari)anism as a transformative practice, from ego to eco, that should revolutionise our value hierarchies, and by extension, our futures. Offering a unique focus on the arguments at the core of the veg(etari)an debate, this collection provides an invaluable resource to scholars across a multitude of disciplines.

**Stories of Oprah** - Trystan T. Cotton 2010-06-30

Stories of Oprah is a collection of essays that explores Oprah Winfrey's broad reach as an industry and media brand. Contributors analyze a number of topics touching on the ways in which her cultural output shapes contemporary America. The volume examines how Oprah has fashioned a persona—which emphasizes her rural, poverty-stricken roots over other factors—that helps her popularize her unique blend of New Age spirituality, neoliberal politics, and African American preaching. She packages New Age spirituality through the rhetoric of race, gender, and the black preacher tradition. Oprah's Book Club has reshaped literary publishing, bringing Toni Morrison, William Faulkner, and Cormac McCarthy to a broad number of readers. Her brand extends worldwide through the internet. In this volume writers analyze her positions on teen sexuality, gender, race, and politics, and the impact of Winfrey's confessional mode on mainstream television news. The book also addresses twenty-first-century issues, showing Winfrey's influence on how Americans and Europeans responded to 9/11, and how Harpo Productions created a deracialized film adaptation of Zora Neale Hurston's classic novel *Their Eyes Were Watching God* in 2005. Throughout, *Stories of Oprah* challenges readers to reflect on how Oprah the Industry has reshaped America's culture, history, and politics.

[A History of African-American Leadership](#) - John White 2014-06-11

The story of black emancipation is one of the most dramatic themes of American history, covering racism, murder, poverty and extreme

heroism. Figures such as Malcolm X and Martin Luther King are the demigods of the freedom movements, both film and household figures. This major text explores the African-American experience of the twentieth century with particular reference to six outstanding race leaders. Their philosophies and strategies for racial advancement are compared and set against the historical framework and constraints within which they functioned. The book also examines the 'grass roots' of black protest movements in America, paying particular attention to the major civil rights organizations as well as black separatist groups such as the Nation of Islam.

[Amelia to Zora](#) - Cynthia Chin-Lee 2008-07-01

Profiles the lives of twenty-six women who, through their acts and deeds, helped shape and change the world during their lifetime, including pilot Amelia Earhart and anthropologist Zora Neal Hurston.

[Superbosses](#) - Sydney Finkelstein 2019-02-05

"Superbosses is the rare business book that is chock full of new, useful, and often unexpected ideas. After you read Finkelstein's well-crafted gem, you will never go about leading, evaluating, and developing talent in quite the same way."—Robert Sutton, author of *Scaling Up Excellence* and *The No Asshole Rule* "Maybe you're a decent boss. But are you a superboss? That's the question you'll be asking yourself after reading Sydney Finkelstein's fascinating book. By revealing the secrets of superbosses from finance to fashion and from cooking to comic books, Finkelstein offers a smart, actionable playbook for anyone trying to become a better leader."—Daniel H. Pink, author of *To Sell Is Human* and *Drive* A fascinating exploration of the world's most effective bosses—and how they motivate, inspire, and enable others to advance their companies and shape entire industries, by the author of *How Smart Executives Fail*. A must-read for anyone interested in leadership and building an enduring pipeline of talent. What do football coach Bill Walsh, restaurateur Alice Waters, television executive Lorne Michaels, technology CEO Larry Ellison, and fashion pioneer Ralph Lauren have in common? On the surface, not much, other than consistent success in their fields. But below the surface, they share a common approach to

finding, nurturing, leading, and even letting go of great people. The way they deal with talent makes them not merely success stories, not merely organization builders, but what Sydney Finkelstein calls superbosses. After ten years of research and more than two hundred interviews, Finkelstein—an acclaimed professor at Dartmouth’s Tuck School of Business, speaker, and executive coach and consultant—discovered that superbosses exist in nearly every industry. If you study the top fifty leaders in any field, as many as one-third will have once worked for a superboss. While superbosses differ in their personal styles, they all focus on identifying promising newcomers, inspiring their best work, and launching them into highly successful careers—while also expanding their own networks and building stronger companies. Among the practices that distinguish superbosses: They Create Master-Apprentice Relationships. Superbosses customize their coaching to what each protégé really needs, and also are constant founts of practical wisdom. Advertising legend Jay Chiat not only worked closely with each of his employees but would sometimes extend their discussions into the night. They Rely on the Cohort Effect. Superbosses strongly encourage collegiality even as they simultaneously drive internal competition. At Lorne Michaels’s Saturday Night Live, writers and performers are judged by how much of their material actually gets on the air, but they can’t get anything on the air without the support of their coworkers. They Say Good-Bye on Good Terms. Nobody likes it when great employees quit, but superbosses don’t respond with anger or resentment. They know that former direct reports can become highly valuable members of their network, especially as they rise to major new roles elsewhere. Julian Robertson, the billionaire hedge fund manager, continued to work with and invest in his former employees who started their own funds. By sharing the fascinating stories of superbosses and their protégés, Finkelstein explores a phenomenon that never had a name before. And he shows how each of us can emulate the best tactics of superbosses to create our own powerful networks of extraordinary talent.

**Oprah Winfrey** - Tatiana Ryckman 2016-07-15

Oprah Winfrey is not only a well-known media personality but a woman who has based her career on helping others. This book examines Winfrey’s background and the foundational moments that made her into the media mogul she is today. Students learn about her influential work for women and girls in South Africa, as well as her inspiring journey from poverty to financial and professional success.

**Oprah Winfrey** - Jeanne Nagle 2008-10-13

**Girls Who Rocked the World 2** - Michelle Roehm 2009-04-03

With the Girls Who Rocked the World series, we want to show that you don't have to wait until you grow up. The girls in this book didn't wait until they were twenty-one to start rocking the world. The Bront sisters wrote novels as teenagers, Margaret Knight thought up her first invention at twelve, and Oprah Winfrey broke into show biz at seventeen. If you have a dream, carpe diem: seize the day! Make it happen! ---  
Author

**Fight Like a Girl** - Laura Barcella 2019-08-01

Nearly every day there's another news story or pop cultural anecdote related to feminism and women's rights. #YesAllWomen, conversations around consent, equal pay, access to contraception, and a host of other issues are foremost topics of conversation in American (and worldwide) media right now. Today's teens are encountering these issues from a different perspective than any generation has had before, but what's often missing from the current discussion is an understanding of how we've gotten to this place. Fight Like a Girl will familiarize readers with the history of feminist activism, in an effort to celebrate those who paved the way and draw attention to those who are working hard to further the cause of women's rights. Profiles of both famous and lesser-known feminists will be featured alongside descriptions of how their actions affected the overall feminist cause, and unique portraits (artist's renderings) of the feminists themselves. This artistic addition will take the book beyond simply an informational text, and make it a treasure of a book.

*No Glass Slipper* - Sharon Coffey 2006-07

No Glass Slipper takes a powerful look at the lives of strong and famous women who once struggled with painful experiences, but eventually developed the life skills to set goals and move forward. Author and clinical psychologist Sharon L. Coffey uses the compelling biographies of celebrities, such as Barbra Streisand, Oprah Winfrey, Drew Barrymore, Halle Berry, and Demi Moore, and allows their life lessons with depression, sexual abuse, suicide, and alcoholism as guidance as you journey to find your true destiny. Coffey encourages you to consider adverse conditions as challenges to be conquered-not as debilitating circumstances that cripple you for life. Learn how to cope with adversity, keep life simple, set goals, and meet challenges head on and with optimism. Coffey includes self-assessment questionnaires and evaluation techniques that will help you identify the issues in your life that need resolution. When faced with hardship, remembering the survivors in No Glass Slipper will not only help you find the answers to the questions "How can I be better?" and "How can I live better?" but will also help you realize that there is no glass slipper to rescue you from adversity. Only you can define your life.

**On Being Authentic** - Charles Guignon 2004-08-02

'To thine own self be true.' From Polonius's words in Hamlet right up to Oprah, we are constantly urged to look within. Why is being authentic the ultimate aim in life for so many people, and why does it mean looking inside rather than out? Is it about finding the 'real' me, or something greater than me, even God? And should we welcome what we find? Thought-provoking and with an astonishing range of references, On Being Authentic is a gripping journey into the self that begins with Socrates and Augustine. Charles Guignon asks why being authentic ceased to mean being part of some bigger, cosmic picture and with Rousseau, Wordsworth and the Romantic movement, took the strong inward turn alive in today's self-help culture. He also plumbs the darker depths of authenticity, with the help of Freud, Joseph Conrad and Alice Miller and reflects on the future of being authentic in a postmodern, global age. He argues ultimately that if we are to rescue the ideal of being authentic, we have to see ourselves as fundamentally social

creatures, embedded in relationships and communities, and that being authentic is not about what is owed to me but how I depend on others.

**Be a Rock** - Jeffrey Reynolds MD 2019-07-31

There is increasing spiritual confusion in our environment and in our minds, which threatens our societal and personal stability—as well as our own integrity, character, and effectiveness in life. We are all deeply influenced by the prevalent ideological and spiritual climate. In such conditions, any authentic truth “signal” is being increasingly garbled and overwhelmed by the “noise” of alternate truth propositions. The ideas and paradigms embedded in our cultural worldview will have profound effects on our lives unless we are fully aware of the issues at hand. This situation represents a crisis and a call to action. Be a Rock: Discovering a Firm Foundation for Life addresses our desperate need for a correct paradigm of reality and access to the largely unknown but limitless resources available to help us in life. Author Jeffrey Reynolds points us to the Bible to discover the only foundation that does not shift or fail. Becoming a rock in a chaotic and broken world can have a significant and lasting impact for good, both for yourself and for everyone you care about. “If you want to be a stronger man or woman, a truer friend, a better parent and a more loving spouse, this book is for you. Both fun to read and highly practical. You are going to enjoy and benefit from it. I sure did.” – Hon. Gregory W. Slayton, Author of Be a Better Dad Today, venture capitalist, and Chairman of the Fellowship of Fathers Foundation “Amidst a culture of instability, corruption, and tumult, Dr. Reynolds has given us a sure path to solid ground. Reading this book, I am grateful for all the people who have been rocks in my life, and am inspired to be more of a stabilizing presence for my own family, friends, and community.” – Rev. Dr. Nathan Hart, Senior Pastor, Stanwich Church, Greenwich, CT “Full of useful practical wisdom.” – Rev. Dr. Peter Jones, Director, truthXchange, Adjunct Professor, Westminster Seminary California

**Matrix Meditations** - Victor Daniels 2009-06-25

65 dynamic meditation techniques for manifesting your desires and multiplying the power of your mind • Contains meditation practices from

both Eastern and Western traditions • Includes proven techniques for increasing mental clarity, replacing negative behaviors that have become habits, and realizing your desires Matrix Meditations offers dynamic meditation practices derived from both Eastern and Western spiritual traditions to develop intuition, manifest desires, and empower the self by forging a strong heart-mind relationship. The authors provide a systematic 16-week program that is designed to develop heightened awareness and deeper states of consciousness for readers with any level of meditation experience, moving from lessons in classical Eastern techniques to advanced levels that employ methods not found elsewhere. Four key forms of meditation are used in the book: concentration, mindfulness, contemplation, and adventures in awareness. These are applied to specific practices that range from improving mental clarity and memory to replacing self-limiting patterns of thinking and behaving in which you may be trapped. Each of the 65 meditations offers a doorway into a different chamber of your consciousness and an opportunity to learn more about your physical, mental, emotional, and spiritual nature. The matrix can also be used as an oracle to guide you to the most valuable meditation you need for the present moment--be it love, balance, conflict, dreams, renewal, or celebration. These meditation techniques are designed to create healing and harmony between the mind and emotions, allowing you to attain not only greater financial and emotional security and well-being but also life-long spiritual growth.

Touring Literary Mississippi - Patti Carr Black 2002-09-27

More than a guidebook, this travelogue includes capsule biographies and over 100 photos of writers, their residences, and their literary environments. Photos. Maps.

**Who Is Oprah Winfrey?** - Barbara Kramer 2019-07-02

The story of how a young Southern girl who was raised on a pig farm became one of the most influential and inspiring people in the world. We all know Oprah Winfrey as a talk-show host, actress, producer, media mogul, and philanthropist, but the "Queen of Talk" wasn't always so fortunate. She suffered through a rough childhood and went on to use her personal struggles as motivation. Oprah's kindness, resilience, and

determination are just some of the many reasons why her viewers--and people all around the world--love her. The richest African American person of the twentieth century, Oprah is often described as the most influential woman in the world.

**Oprah Winfrey Speaks** - Janet Lowe 2001-01-22

"People have told me that their lives have changed because of me. I take away from this the sense that I'm on the right track." "I believe you're here to live your life with passion. Otherwise, you're just traveling through the world blindly--and there's no point to that." "Oprah's on." It's the catchphrase that inspires millions around the world to tune in to one of the most trusted women in the history of television. Almost everyone follows Oprah's every move. One word about a book club selection sends an obscure first novel rocketing to the top of the bestseller list. Oprah Winfrey possesses what is arguably one of the world's most influential voices. Alive with her unique warmth and insight, Oprah Winfrey Speaks reveals the mystique of Oprah in her own words. Drawing on hundreds of sources, Janet Lowe provides an evocative, personal portrait. Here are Oprah's opinions on everything from childhood and overcoming adversity to dealing with fame and staying real. Oprah Winfrey Speaks highlights Oprah's abiding faith, no-nonsense business rules, generosity, and love as well as her 10 commandments for lifelong success. Oprah's lifetime theme has been personal transformation--she's constantly seeking, questioning, changing, and growing. This uplifting theme echoes throughout Oprah Winfrey Speaks. Here is just a hint of the wisdom you'll discover: \* "Just tell the truth. It'll save you every time." \* "Don't complain about what you don't have. Use what you've got. To do less than your best is a sin. Every single one of us has the power for greatness, because greatness is determined by service--to yourself and to others." \* "I am a woman in progress. I'm just trying like everyone else. I try to take every conflict, every experience and learn from it. All I know is that I can't be anybody else. And it's taken me a long time to realize that." \* "If you're angry, be angry and deal with it. Don't go eat a bag of Ruffles." \* "God blesses you better when you pray on your knees." The world listens when Oprah Winfrey Speaks Here's just a hint of the

wisdom you'll find inside... "I am what I am because of my grandmother. My strength. My sense of reasoning. Everything. All that was set by the time I was six." "Luck is a matter of preparation meeting opportunity." "I always feel if you do right, right will follow." "You know the old cliché, 'a good man is hard to find'? Well, it's true. And the smarter you get, the harder they are to find." This book has not been prepared, approved, licensed, or endorsed by Oprah Winfrey, Harpo Productions, or by any entity that creates, produces, or broadcasts THE OPRAH WINFREY SHOW.

*Encyclopedia of African American Business: K-Z* - Jessie Carney Smith 2006

Essays provide information the African American business community and African American business leaders in the United States, from the eighteenth century to the present day.

Reading Oprah - Cecilia Konchar Farr 2005-01-01

An analysis of how Oprah's Book Club has changed America's reading habits.

African American Women in the Oprah Winfrey Network's Queen Sugar Drama - Ollie L. Jefferson 2021-01-15

This critical study interrogates the intersection of race and gender media representations on screen and behind the scenes. The thought-provoking investigation on the Oprah Winfrey Network's Queen Sugar series shows the ways in which the television drama is a significant contribution to mainstream media that creates in-depth conversations concerning African American women's social roles, social class, and social change. Ollie L. Jefferson provides a unique analysis of the television production by using the exemplary representations conceptual framework to contextualize and theorize research contributing to systemic change. Jefferson highlights the best practices used by African American female executive producers, Oprah Winfrey and Ava DuVernay, by examining Queen Sugar as a case study. The investigation shows how the decision-

makers produced multidimensional female characters to illustrate the complex humanity of Black lives. This book broadens understanding of the media industry's need for culturally sensitive and conscious inclusion of women and people of color behind the scenes—as media owners, creators, writers, directors, and producers—to put an end to the persistent and pervasive misrepresentations of African American women on screen. Scholars of television studies, film studies, media studies, race studies, and women's studies will find this book particularly useful.

The Oprah Phenomenon - Jennifer Harris 2014-10-17

Her image is iconic: Oprah Winfrey has built an empire on her ability to connect with and inspire her audience. No longer just a name, "Oprah" has become a brand representing the talk show host's unique style of self-actualizing individualism. The cultural and economic power wielded by Winfrey merits critical evaluation. The contributors to The Oprah Phenomenon examine the origins of her public image and its substantial influence on politics, entertainment, and popular opinion. Contributors address praise from her many supporters and weigh criticisms from her detractors. Winfrey's ability to create a feeling of intimacy with her audience has long been cited as one of the foundations of her popularity. She has repeatedly made national headlines by engaging and informing her audience with respect to her personal relationships to race, gender, feminism, and New Age culture. The Oprah Phenomenon explores these relationships in detail. At the root of Winfrey's message to her vast audience is her assertion that anyone can be a success regardless of background or upbringing. The contributors scrutinize this message: What does this success entail? Is the motivation behind self-actualization, in fact, merely the hope of replicating Winfrey's purchasing power? Is it just a prescription to buy the products she recommends and heed the advice of people she admires, or is it a lifestyle change of meaningful spiritual benefit? The Oprah Phenomenon asks these and many other difficult questions to promote a greater understanding of Winfrey's influence on the American consciousness.